
PARKLAND AREA SOCCER CLUB

**iSoccer Coaches Clinic – March 5, 2011 4-5:30pm
ESA Sports Complex**

- **Introductions and overview of iSoccer program:**
 - What is iSoccer and why should coaches/teams incorporate iSoccer into their weekly training sessions?
 - What age group is this best used for?
 - What is the iSoccer Assessment and what do I do with the information?

- **Run through sample iSoccer session (See sample session plan):**
 - Will have players on hand to demonstrate skills
 - Review of how each skill can be adapted based on age and skill level of player.
 - How to run and iSoccer Assessment.
 - Single time keeper, grid areas
 - (1) coach/parent per area, counters.
 - 60 - 90 minutes to run an assessment for average team
 - Questions?

- **Classroom session – Introduction/review of iSoccer online database:**
 - How to set up a team.
 - How to create a session.
 - How to review player interaction with database.
 - Player/Parent messaging – How to
 - General overview of the iSoccer online database.

- **Review / Questions:**
 - In-Season iSoccer Academy 4/1 – 5/20 (Friday's 6pm – 7:15pm) Wehr's Dam Community field.
 - iSoccer and PASC moving forward.

NOTES
